Wednesday's Wisdom

June 5, 2013

BNPS

News: Administrative Training Review System (ARTs) workshop set for 2 dates, 2 locations: August 12, 2013 at NHTI in Concord; August 14, 2013 at Plymouth State University

When and Where:
Sign up for either the NHTI Concord workshop (8/12) ***OR*** the Plymouth State University workshop (8/14)

What:
A preliminary agenda for the Administrative Training Review System (ARTs) Conference* is to the right of this box.

Registration information can be found on page 2.

****FREE OF CHARGE TO THE PARTICIPANT***

Preliminary Agenda for August Workshop

8:30-9:00	Welcome Remarks
9:00 – 10:30	Keynote Speaker, TBD
10:45 – 12:00	Morning Breakout Session

Choice between A.M. workshops:
1. USDA regulations surrounding Food Service Management Companies,
2. Direct Certification,
3. Online NSLP application training

12:15 – 1:15	Lunch *(provided)*
1:30 – 2:45	Afternoon Breakout Sessions

Choice between P.M. workshops:
1. PLE Tool,
2. Verification Basics,
3. Free and Reduced Applications

SY 13-14 Breakfast Regulations

Recently a link to a USDA Q&A memo was emailed regarding the upcoming changes to the breakfast program regulations for school year 2013/2014. BNPS is aware that there has been some confusion with the new breakfast regulations. For clarification and understanding please be sure to read this memo as it answers many of the questions that were raised after the Tri State Conference. The memo code is SP 28-2013 and is entitled: Questions and Answers on the *School Breakfast Program Meal Pattern*. The memo can be found at:

http://education.nh.gov/program/nutrition/nslp_memos/nslp_memos_2013_index.htm

Registration Form

NSLP Workshops on the
Administrative Review Training System (ARTs)

Please complete the registration form below and return to: Tami Drake at Tami.Drake@doe.nh.gov or fax: 271-1953.

Training topic: ***Administrative Review Training System (ARTs)***

Location: NHTI Concord *OR* Plymouth State University

Date for the Training:

August 12, 2013 at NHTI, Concord OR August 14, 2013 at Plymouth State University

Time: 8:30 am-2:45 pm

Please choose one workshop location only:

☐ NHTI Concord (8/12/13) OR
☐ Plymouth State University (8/14/13)

SAU/RA#: _____

School Name: _____

Name of Participant: _____

Title: _____

Phone number where we may reach you during the summer:_____

Email where we may reach you during the summer: _____

Deadline to register is August 5, 2013

ꕥ Space is limited so please register early ꕥ

Please contact us at 271-3646 if you should have any questions.

Competitive Foods and the Rules that Surround Them

Many questions regarding competitive foods have come into the office recently. Therefore, this mini tutorial gives basic information about this category of food found in schools. Competitive Foods (aka Non-Program Foods) are foods that are not part of a reimbursable meal and are often found in vending machines, at school parties, within fund raisers or sold a la carte on the lunch line.

There are two rules/regulations to be aware of when dealing with foods that are sold as competitive foods. The first rule is a New Hampshire State rule that was passed by the State legislature in December 2011. The rule is found within the New Hampshire Department of Education School Approval rules and can be read by opening the "*Guide to Implementing the New Hampshire Administrative Rules for Education - Toolkit.*"

Regarding Food and Nutrition. This rule requires that all public schools determine which nutrient standards to follow for all foods found within the school, during the school day, that are not part of a reimbursable meal. The definition of the school day is bell to bell. Nutrient standards to adopt are suggested within the rule. In order to align the school wellness policy with the Competitive Food Rules, please refer to the following two documents: 1. Technical Advisory Ed 306.02, 305.04, 306.11 and 2. USDA Wellness Policy Guidelines which can be found at: http://teamnutrition.usda.gov/healthy/wellnesspolicy.html

The second regulation will be finalized this summer by USDA. This competitive food regulation will encompass all food found within the school during the school day as well. The regulation will give detail and support to the current state rule. Currently, this regulation is in the proposed stage and USDA has said that it will be final this summer. You can read the proposed regulation by going to: http://www.regulations.gov/#!documentDetail;D=FNS-2011-0019-0001

As with any federal child nutrition regulation, the USDA competitive food regulation will be discussed during an Administrative Review by members of the Bureau of Nutrition Programs and Services. These reviews will be conducted every 3 years.
The state rule is discussed during a School Approval review which is completed every 5 years by members of the NH Dept. of Education as well as discussed during an Administrative Review completed by the Bureau of Nutrition Programs and Services.
If you have further questions about competitive foods, please contact our office at: 271-3646.

MyPlate Information

Highlight the food groups on your lunch line's name cards and menu boards using <u>free food group graphics</u> from Team Nutrition.

The graphics are part of a collection of ***Serving Up MyPlate*** resources that reinforce healthy eating messages in the elementary school classroom, cafeteria, and at home. Schools participating in the school meal programs can order free print *Serving Up MyPlate* materials using the ***Team Nutrition Order Form.***

https://www.facebook.com/MyPlate

New Fruit and Veggie Posters from Team Nutrition!

Early print copies of the **6 *Dig In!* posters** (for grades 5 and 6) are now available to Team Nutrition Schools.

Limited to 1 of each poster per school. While supplies last. Free.

Ordering information.

Roller Coaster Poster

New Curriculum Coming!

The full *Dig In!* curriculum will be available in print this August. **Review the curriculum now online.**

Interested in becoming a Team Nutrition School? **Join the Team.**

Veggies Rock Stars Poster