

# Wednesday's Wisdom

August 28, 2013



Welcome to school year 2013-2014! My, the summer went fast! This year will be the first year for the majority of the Breakfast regulations to begin. You can view a PowerPoint Breakfast presentation on the BNPS website: <http://education.nh.gov/program/nutrition/index.htm> Please click on "Trainings" and choose Breakfast Regulations PowerPoint.

## Opting out of "Opt Out"

In the past, there have been issues with the Direct Certification download. Many of the issues stemmed from the fact that the SNAP/Foodstamp office allowed their customers to "opt out" of allowing their information to be sent to the NH Dept. of Education for Direct Certification matching purposes. The "opt out" option for SNAP/FS recipients has been discontinued as of August 1, 2013.

## Civil Rights

The Civil Rights statement has changed for this school year. Please click on <http://education.nh.gov/program/nutrition/index.htm> to find a PowerPoint presentation: "NH Civil Rights – Your Rights and Responsibilities in the Child Nutrition Programs". The presentation contains the correct civil rights statement as well as other important information on civil rights. Training frontline staff on civil rights is a federal regulation and will be reviewed during and Administrative Review conducted by State Agency staff. Feel free to use this PowerPoint to educate your staff.

## Training Coming Soon for New Directors and Residential Child Care Institutions (RCCI)

Two NSLP trainings have been scheduled; one for public school Food Service Directors and one for RCCI staff. The training for new food service directors will be held on **October 3, 2013**. The training for RCCI staff will be held on **October 9, 2013**. Both trainings will be held at the NH Department of Education in Room 15. **Attached, is the registration form for the October 3 new directors's training. The RCCI registration form was sent under separate cover.**

## Lowe's Grant Opportunity

Lowe's provides grant awards of up to \$5,000 to support school improvement projects at K-12 public schools in the United States. Sample project ideas include reading gardens, vegetable gardens, physical fitness areas, school landscaping projects, school nature trails, parent involvement centers, peer tutoring centers, playgrounds, and rotating student art exhibits.

Any public K-12 school or nonprofit parent group associated with a public K-12 school is eligible to apply. Please see box to the right for more info.

## Lowe's Grant Opportunity on the Web

Visit the Toolbox for Education Web site for complete program guidelines, application materials, an FAQ, and sample project ideas at

<http://www.toolboxforeducation.com/index.html>

# Wednesday's Wisdom

August 28, 2013; Pg. 2

## Join the NH Breakfast Challenge!

The New Hampshire Department of Education and the School Breakfast Challenge partners are challenging all schools and SAUs to increase their school breakfast participation by **25%** over 2 years.

### Who?

All NH schools and SAUs are automatically entered in the challenge

### When?

Schools and SAUs will compete for awards and recognition from October 2013 to October 2015

### Why?

Eating school breakfast helps students begin each day fueled up to make the most of classroom time. Students eating breakfast typically

- ✓ attend more days of school and arrive on time
- ✓ exhibit improved concentration and memory
- ✓ attain better grades and higher test scores

### How?

For more information on the challenge and resources to assist your school toward improving its breakfast participation, please visit our website:



[www.nhschoolbreakfast.org](http://www.nhschoolbreakfast.org)

# Wednesday's Wisdom

August 28, 2013; Pg. 3

## HealthierUS School Challenge

For a picture of the Harvard Pilgrim Health Foundation grant winners, go to: <http://www.education.nh.gov/index.htm>

## DO YOU HAVE A SMART LUNCHROOM?

**Did you know that a recent study found that elementary students ate twice the percentage of their carrots if attractively named as “X-ray Vision Carrots,” than if unnamed or generically named as the “Food of the Day?”** In addition, these students were 16% more likely to choose more hot vegetable dishes when they were given fun or attractive names.

These studies, by the [Smarter Lunchrooms](#) initiative, demonstrate that using an attractive name to describe a healthy food in a cafeteria is robustly effective, persistent, and scalable with little or no money or experience, AND shows that the impact of attractive names lasts!

Over the course of two months, the selection of hot vegetable side dishes went up 99% in the treatment school while declining 16% in the control school. Most importantly, this study shows that an attractive name intervention is doable for little or no cost. The instructions and guidance for this study were developed with the intent that any cafeteria worker or high school student volunteer could implement the changes!

So start serving up some “Broccoli Tree Tops” and “Fire Engine Red Tomatoes” today!



## 6 Cents Certification

If you are submitting your 6 Cent Certification during school year 2013-2014, please find the new tools at: [http://www.fns.usda.gov/cn/d/healthierschoolday/6cents\\_tools.htm](http://www.fns.usda.gov/cn/d/healthierschoolday/6cents_tools.htm)

As a reminder, the new tool includes analysis of breakfast this school year; any new breakfast regulations are built into the new tool.

Please submit the 6 cent documents electronically. These documents include the Attestation Form, the SAU summary tool, the 6 cent tool and the different monthly menus that contain the certification week you are asking approval for. As always, you are welcome to call our office with any questions that you may have regarding the Child Nutrition Programs.

# Wednesday's Wisdom

August 28, 2013; Pg. 4

## ***Offer Versus Serve -***

### ***Guidance for the National School Lunch Program and the School Breakfast Program; School Year 2013-2014***

Offer Versus Serve or OVS is a concept that applies to menu planning and the meal service. OVS allows students to decline some of the food offered in a reimbursable lunch or breakfast. The goals of OVS are to reduce food waste and to permit students to choose the foods they want to eat. Because students may choose fewer selections under OVS, guidance is provided on what constitutes a reimbursable lunch and breakfast.

For the National School Lunch Program (NSLP), OVS is established under section 9(a)(3) of the Richard B. Russell National School Lunch Act. OVS was extended to the School Breakfast Program (SBP) in 1985 under section 4(e)(2) of the Child Nutrition Act of 1966. The regulations on OVS for the NSLP are found at 7 CFR 210.10 (e) and for the SBP at 7 CFR 220.8 (e).

Because parts of the NSLP and SBP meal patterns are being phased-in over multiple years, this guidance document reflects only those OVS and applicable crediting requirements in effect in School Year 2013-2014. The guidance will be revised as needed to reflect new requirements as they are phased-in.

Please click on [http://education.nh.gov/program/nutrition/documents/2013\\_14\\_ovs\\_manual.pdf](http://education.nh.gov/program/nutrition/documents/2013_14_ovs_manual.pdf) for the latest version of the OVS Manual.

## ***USDA Nondiscrimination Statement***

As a reminder, the USDA Nondiscrimination Statement has been updated as of May 24, 2013. On page 5 and page 6 of this Wednesday's Wisdom, you will find the updated version of the statement, in its entirety, as well as frequently asked questions (FAQs) regarding the statement.

# Wednesday's Wisdom

August 28, 2013; Pg. 5

---

## **USDA Nondiscrimination Statement**

The U.S. Department of Agriculture (USDA) prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal and, where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or if all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at [program.intake@usda.gov](mailto:program.intake@usda.gov).

Individuals who are deaf, hard of hearing, or have speech disabilities and wish to file either an EEO or program complaint please contact USDA through the Federal Relay Service at (800) 877-8339 or (800) 845-6136 (in Spanish).

Persons with disabilities who wish to file a program complaint, please see information above on how to contact us by mail directly or by email. If you require alternative means of communication for program information (e.g., Braille, large print, audiotape, etc.) please contact USDA's TARGET Center at (202) 720-2600 (voice and TDD).

USDA is an equal opportunity provider and employer.

# Wednesday's Wisdom

August 28, 2013; Pg. 6

---

## NONDISCRIMINATION STATEMENT FAQs

### **When Must the Statement Be Used?**

The Statement implementation date is May 24, 2013.

### **When Do You Use the Full Versus the Short statement?**

If the written materials previously had the full statement on them, you should replace the revised full statement in its place.

### **Can State or Local Agencies Shorten the Statement OR Must all Three Paragraphs Be Used?**

The full statement(s) as applicable must be used in its/their entirety. The usage requirements in FNS Instruction 113-1 have not changed – only the verbiage (and phone numbers).

### **What is the Short Statement?**

“USDA is an equal opportunity provider and employer.” Please note that use of the **shorter version** is the **exception**, not the rule.

### **Can Existing Materials with the Old Statement Still Be Used?**

Yes. Continued use of existing forms is permitted until further notice. Once the final Departmental Regulation is issued, FNS will establish a final implementation date in which all materials must have the new statement. However, new forms and publications must be printed with the updated statement. Websites, online applications and IT systems should be updated immediately.

### **Does The Change Apply to Vendor Materials?**

Yes. The revised Nondiscrimination Statements apply to all programs and are to be used by (and apply to) all State agencies, recipients, and sub-recipients. Continued use of existing forms is permitted until further notice. Once the final Departmental Regulation is issued, FNS will establish a final implementation date in which all materials must have the new statement. However, new forms and publications must be printed with the updated statement. Websites, online applications and IT systems should be updated immediately.

### **When Will the “And Justice for All” Poster be Re-printed?**

A new *And Justice for All* poster with the updated nondiscrimination statement will be printed and distributed to State agencies by FNS when the Departmental Regulation is issued. Until then, the existing posters remain authorized for use.

### **How Would a Sponsor or Program Recipient Know Which Protected Class or Bases are Valid for a SNAP or SNP Program?**

The bases that apply to the programs have not changed.

All State or local office staff should be familiar with the Civil Rights requirements. This is a long-standing requirement and is an area upon which the Civil Rights training requirements for State Agency personnel at all levels is based. Local representatives must be aware of a program's protected bases and advise applicants and participants accordingly. The public notification requirement also requires proper posting of Civil Rights information, including (but not limited to) use of the “And Justice For All” poster and use of the Nondiscrimination Statement on applications, notices, and other forms. (FNS Instruction 113-1 Sections IX, X, XI, and Appendix A).

### **“Not all prohibited bases will apply to all programs...” How would States Know if the Additional Protected Classes Will or Will Not Apply?**

Use of the (program appropriate) Nondiscrimination Statement without alterations is required (see above response). If a State has an additional statement or other protected bases that apply only at the State and Local level, the additional information may be added (separately) at the end. (FNS Instruction 113-1 Section IX.)

### **If The State Has the Rights and Rules Signed Electronically By Participants On a Signature Pad, Does This Need To Be Included On the Screen If Participants Are Provided a Copy of Their Rights and Rules?**

IT systems should be updated immediately. Does the signature pad use the current statement? If so, it should be replaced with the updated statement.

**Contact the Civil Rights staff if you have additional questions.**