

This Career Pathway Plan of Study can serve as a guide. Courses listed within this plan are only recommended coursework and should be individualized to meet your educational and career goals.



NH High Schools ➔ **River Valley Community College – Massage Therapy**

Career Pathway Plan of Study for ► Learners ► Parents ► Counselors ► Teachers/Faculty

Bold – Prerequisite for College Success
Black – High School Requirement

Bold & Underlined – Articulated Credit
Italic – Imbedded Academic Core Credit

BOLD, UNDERLINED & ALL CAPITALS -
 Transcribed Dual Enrollment Credit

| | Grade | English/ Language Arts | Math | Science | Social Studies /Sciences | Other Required Courses (R) Recommended Electives (E) | *Career and Technical Courses and/or Degree Major Courses | SAMPLE Occupations Relating to This Pathway |
|--|-------|------------------------------|---|---------------------|---|--|---|--|
| S E C O N D A R Y | 9 | English | Algebra 1 (3 math cr, including algebra credit that can be earned through a sequential, integrated or applied program) | Physical Science | World History, Global Studies, or Geography ½ cr | Information & Communications Technologies ½ cr or demonstrated proficiency (R) Physical Education 1 cr | | ► Massage Therapist in: Chiropractic Practice Health & Wellness Center Hospital Physical Therapy Practice Private Practice Spa |
| | 10 | English | Geometry | Biology | Economics ½ cr US & NH Government/Civi cs ½ cr | Arts Education ½ cr (R) Health Education ½ cr (R) | | |
| | 11 | English | Algebra 2 | Chemistry* | US & NH History 1 cr | 6 open electives | Health Science Technologies 1 | |
| | 12 | English | | | | | Health Science technologies 2 | |

| | | | | | | | | |
|--|------------------------------|--|--|-----------------------------------|--|--|---|--|
| P O S T S E C O N D A R Y | Certificate: Massage Therapy | | | | | | | *Notes: *Chemistry strongly recommended *A&P I & II may be taken in place of A&P Essentials for those students wishing to pursue an associate's degree or other. HIGH SCHOOL CHEMISTRY REQUIRED. Admission Requirements: CPR Informational Interview *Program Electives: Spa Techniques ,Massage Rules & Ethics, Pre/Post Natal Massage, Reflexology, Chair Massage, Aromatherapy Elder Massage, Somatic Massage Myofacial Release Trigger Point |
| | 13 | | | Anatomy & Physiology Essentials * | | | Functional Kinesiology Swedish Massage 1& 2 Oriental Theory & Concepts Self-care & Stress Management Pathology Practicum 1 | |
| | Summer | | | | | | Practicum 2 Three Program Elective* | |
| | 14 | | | | | | Massage Business Practices Massage Rules & Ethics Deep Tissue Massage Clinical Evaluation & Treatment Practicum 3 3 Program Electives* (Must equal 90 hrs) | |
| Industry Certifications available: National Certification and NH State Licensure: Licensed Massage Therapist | | | | | | | | |