# *Family and Consumer Sciences Education*

The New Hampshire Model

Middle School–Grades 6–8

Foundations of Work and Family:

- Career Exploration
- Interpersonal Relationships
- Human Growth and Development
- Personal Financial Literacy
- Foods and Nutrition

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High School–Grades 9–12

FCS Adult Roles and Responsibilities (ARR) Survey course available to all students

Topics

- Interpersonal Relationships including communication and conflict resolution
- Adult roles including parenting
- Personal Financial Literacy

Further Study in Secondary Family and Consumer Sciences

- Family Issues
- Marriage and Parenting
- Child Development
- Consumer and Resource Management
- Issues of Aging
- Foods and Nutrition

Career and Technical Education

*Foundations of Work and Family* and *Adult Roles and Responsibilities* provide the foundation for workplace skills for all careers as well as how to balance personal, family and work lives.

ARR provides introduction to related FCS careers

- Family Studies
- Early Childhood Education
- Marriage and Family Counseling
- Consumer Credit Counseling
- Culinary Arts
- Lodging Management

**Strong Families = Strong Workers**