

Foundations of Work and Family

Interpersonal Relationships-Students will demonstrate the knowledge and skills necessary to maintain healthy, respectful and caring relationships in the family, workplace, school and community.

MIR 1: Examine the functions and expectations of a variety of relationships in the family, workplace, school and community.

Competencies

- MIR 1.1 Identify processes for building and maintaining relationships.
- MIR 1.2 Identify needs of individuals at various stages of the life cycle and when they are more or less dependent on others.
- MIR 1.3 Determine factors that contribute to positive relationships.
- MIR 1.4 Identify processes for handling unhealthy relationships.
- MIR 1.5 Demonstrate awareness of diversity and the impact on a variety of relationships.
- MIR 1.6 Demonstrate stress management strategies for family, workplace, school and community settings.

MIR 2: Demonstrate communication skills that contribute to positive relationships in family, workplace, school and community.

Competencies

- MIR 2.1 Identify the purpose(s) of communication.
- MIR 2.2 Examine communication styles and their effects on relationships.
- MIR 2.3 Demonstrate verbal and nonverbal behaviors and attitudes that contribute to effective communication.
- MIR 3.4 Demonstrate effective listening skills.
- MIR 3.5 Identify barriers to communication.
- MIR 3.6 Explore the impact of technology on communication in family, work, school and community.

MIR 3: Demonstrate skills that can manage and reduce conflict.

Competencies

- MIR 3.1 Examine how similarities and differences among people affect conflict prevention and management.
- MIR 3.2 Demonstrate decision-making and problem-solving skills that can be used to reduce and manage conflict.
- MIR 3.3 Demonstrate non-violent strategies that address conflict.
- MIR 3.4 Demonstrate effective responses to harassment.
- MIR 3.5 Examine appropriate community resources that support conflict prevention and management.

MIR 4: Demonstrate team work and leadership skills in the family, workplace, school and community.

Competencies

- MIR 4.1 Demonstrate strategies to motivate and encourage group members.
- MIR 4.2 Create strategies to utilize the strengths and limitations of team members.
- MIR 4.3 Demonstrate techniques that develop team and community spirit.
- MIR 4.4 Demonstrate ways to organize and delegate responsibilities.
- MIR 4.5 Create strategies to integrate new members into the team.
- MIR 4.6 Demonstrate processes for cooperating, compromising, and collaborating.

MIR 5: Identify career paths in the human services field.

Competencies

- MIR 5.1 Investigate a career in Interpersonal Relationships and identify the pathways used to reach that career.

Application/Assessments through FCCLA

National Programs

Career Connection

Community Service

Dynamic Leadership: Character, Problem Solving, Relationships, Conflict Management, Team Building and Peer Education

Families First

Financial Fitness

Power of One: A Better You; Family Ties; Take the Lead

STOP the Violence

Student Body

STAR Events

Interpersonal Communications

National Programs in Action

Program/Classroom Activity Suggestions
Classroom FCCLA Chapters

Resources

Love U 2 Curriculum-Marline Pearson
Connections/PREP-Charlene Kamper
Building Strong-Safe Relationships: A Dating Violence Prevention Curriculum-
Peggy Kieschnik and Kathy Kennett
Skills for Life-Goodheart Wilcox