

## **Additional Resources**

### **Not sure where to start?**

Contact 211

211 is New Hampshire's first statewide, comprehensive, information and referral service. New Hampshire residents need only dial 211 to be connected, at no cost, with trained Information and Referral Specialists who can provide them with the health and human service information they need to get help, give help or discover.

Contact:

- Phone Number: 211
- Online: <https://www.211nh.org/>

### **Medicare Help:**

ServiceLink

ServiceLink Resource Centers' Medicare specialists are trained and certified under the national State Health Insurance Assistance Program.

Contact:

- Phone Number: 1-888-634-9412
- Online: <https://www.servicelink.nh.gov/medicare/index.htm>

### **Tax Help:**

Granite United Way's Volunteer Income Tax Assistance (VITA)

Granite United Way's Volunteer Income Tax Assistance (VITA) program offers free tax preparation to low to moderate income households. Below is the link in the event you have any participants who may need assistance.

Contact:

- Phone Number: 211 (or 1-866-444-4211 outside of NH)
- Online: <http://www.graniteuw.org/our-work/granite-united-way-initiatives/volunteer-income-tax-assistance>

### **Legal Help:**

NH Legal Aid

We help low-income people find free legal help for their problems in New Hampshire. We offer information, advice, legal representation, or referral to the right source of help to those who qualify for services.

Contact:

- Phone Number: 1(800) 639-5290 (Monday-Friday from 9am-1pm)
- Online: <https://nhlegalaid.org/>

**Disability Assistance:**

Disability Rights Center

PABSS - Protection and Advocacy for Beneficiaries of Social Security assists with: Discrimination in the workplace, workplace accommodations, overpayments, not receiving SS payments.

Contact:

- Phone Number: 603-228-0432
- Online: <https://drcnh.org/>

**Internet Help:**

Affordable Connectivity Program

The Affordable Connectivity Program is an FCC benefit program that helps ensure that households can afford the broadband they need for work, school, healthcare and more. The Affordable Connectivity Program is limited to one monthly service discount and one device discount per household.

Contact:

- Phone Number: 877-384-2575
- Online: <https://www.fcc.gov/acp>

**Direct Links to many other services found at:**

<https://nheasy.nh.gov>

- Fuel & Weatherization Assistance
- Electric Assistance Program
- Women, Infants and Children Nutrition
- Free Cell Phone
- Telephone Assistance



Become a Foster Parent



Fuel & Weatherization Assistance



Electric Assistance Program



Women, Infants, and Children Nutrition



Free Cell phone



EBT EDGE



Telephone Assistance

**Area Agencies:**

<https://www.dhhs.nh.gov/programs-services/disability-care>

Area agencies provide programs and services for people with developmental disabilities and their families.

Contact Information:

<https://www.dhhs.nh.gov/sites/g/files/ehbemt476/files/documents/2021-11/bds-area-agencies-map.pdf>

## **Community Mental Health Centers**

<https://www.dhhs.nh.gov/programs-services/health-care/mental-health>

Provides mental health services in NH are available to everyone.

Contact Information:

<https://www.dhhs.nh.gov/sites/g/files/ehbemt476/files/documents/2021-12/bdas-list-map.pdf>